

Psychological Problems of the Relationship of A Parent And A Child In The Family

Gulnora Mirzarakhimova

Lecturer at the Chirchik State Pedagogical Institute, Tashkent Region.

Annotation. *The article substantiates the importance of the issue of upbringing in the family. The author analyzes the issues of the influence of thinking of responsible attention and the ways parents express their authority to establish correct relationships with children.*

Key words: family, parents, child, family life, family relations, society, education, family environment, types of power.

I. INTRODUCTION

The family is the foundation of society, a place where all the qualities, intentions and professions that have been formed in the consciousness and behavior of every person since childhood are realized.

The child is the backbone of the family. And the family is a great policy not only of one country, but of all mankind. Moreover, the vitality and continuity of humanity comes from the family.

Such a nation, no matter how big it may be, cannot live long in the world if the family is not organized in society and attention is not paid to education. AbduraufFitrat is optimistic about the happiness of the country and people in the family. Based on these considerations, he says: "Where family relationships are based on strict discipline and order, the country and the nation will be so strong and orderly." The main goal of our republic is to take care of the spiritual development of the people. The basis of his attitude to work, spiritual, ideological and cultural values is formed in the family. Today the issue of raising children in a family is more relevant than ever. to ignore the peculiarities of psychology is to make the biggest, irreparable mistakes of the future.

A family is not one day, not one year, but a space for life, where every day, every hour there are many events, new worries and joys. The President of the Republic of Uzbekistan Shavkat Mirziyoyev quotes the statement of great scientists: "A child is a pledge in the hands of parents." "Today's life proves in every possible way that our children, their destiny, their future are really safe. If we do not educate our child properly, if we are not aware of his behavior and mood every day, every minute, if we do not teach him science and profession, if we do not find a decent job, we will lose this deposit. "Indeed, raising a child is the most important task in a family.

II. MATERIAL AND METHODS

Children learn from the spiritual environment they observe in their homes. " Through the spiritual environment and upbringing in the family, the child grows up to be either kind and compassionate or selfish and tolerant. Here I must say about one of the shortcomings in the upbringing of Uzbek families today. That is, the method of parental education, based on rejection, prohibition, denial, does not take into account the desires, thoughts, dreams and aspirations of children, and, as a result, their freedom is limited. With this way of upbringing, children grow up unprotected, unable to express themselves openly, unable to make independent decisions, unable to express their views on specific tasks. A timid, submissive, shy child lacks activity and a sense of self-confidence. Such children live the rest of In the work of the First President of the Republic of Uzbekistan Islam Karimov "High spirituality is an invincible force" we read that the family is the most important place in raising children: "As long as there is life in this bright world, there is a family. As long as there is a family, there is a priceless blessing called a child. While there is a child, people always live by virtues and aspirations. As long as the family is healthy, the society remains strong, as long as the society is strong, the country is stable. Raising a child is one of the biggest and most responsible responsibilities of a parent. Ignoring this task will have dangerous consequences for the future development of society. Therefore, upbringing is not a short-term and sudden process, it needs to be learned from infancy to years.

The family is a place of upbringing, where human qualities, good wishes, values formed in every person from childhood develop and ensure the development of the spiritual heritage of the Uzbek people, formed over millennia. Raising a child requires responsibility. National responsibility is the ability to fully understand the actions and activities of each person, to understand what will benefit him and his nation. The existing psychological and pedagogical knowledge of parents, their prestige in family and social life are very important in the formation and upbringing of a child. ... From the behavior of parents in the family to the behavior of adults in the family, the culture of speech, dress, interaction with people, even attitudes towards the environment, etc., Seemingly simple circumstances have a great impact on the upbringing of children. Therefore, unkind words addressed to a child can affect his psyche and lead to a breakdown in their upbringing. Unfortunately, some parents say bad words

in front of small children without thinking. The family is the most important link in the spiritual and moral education of a person. I will not forget.

IV. DISCUSSIONS

Such a link in the system of family education, the present and future of the whole society, the nation, the way it is organized, depends on the social and spiritual environment of the family. Special attention is paid to the expansion of measures aimed at increasing the level of spiritual and moral education in the family. For the effectiveness of parent-child relations in the family, attention should be paid to the compatibility of parents in these roles and the characteristics of the child's attitude to life. As a manifestation of interpersonal relations, the question of studying and researching the relationship between parents and children is very important. In the context of the Uzbek family, there are some positive aspects of the relationship between parents and children, which, in turn, is reflected in the formation of the child's character.

When parents are entrusted with parental responsibility and happiness, they need to understand that they have a direct responsibility to educate their children for the future. To do this, they:

- demonstrate good human relations, including good behavior, in front of their children;
- Since the neighborhood is one of the main places of socialization of a person, organize conversations about interpersonal relationships with the participation of parents and children;
- Demonstrate the experience of authority figures in the community in raising children through real life examples;
- pay attention to the issues of psychological literacy of parents when raising children, the organization of psychological counseling on the ground;

Thus, the relationship between parent and child is one of the leading factors in the formation of the child's personality. All changes and spiritual reforms in our society are aimed at educating a versatile person in the society, who in turn is a good citizen, a versatile member of society. Therefore, if we prepare family members to properly organize the relationship between parent and child in a family environment, we can prevent any inconvenience that may arise in our life.

IV. DISCUSSIONS

Spirituality and culture, which are the basis of national values, mean the beauty of human behavior, generosity, nobility, purposefulness, knowledge, tolerance, decency, purity and purity, carelessness, kindness and other positive qualities of our ancestors. Along with teaching a profession, they instilled in the hearts and minds of our children national spiritual and moral values that are passed down from generation to generation. Communicating directly or indirectly with their children and raising them on the basis of national, spiritual and moral values, parents should first of all set an example in their behavior and listen to their children, encourage them to freely express their knowledge and ideas, and then take initiative. It is very important that they express their ideas in accordance with the rules of etiquette, using proverbs, sayings, examples from life. Raising children should be approached in harmony with society, neighbors, including "neighbor-neighbor", you are calm. " "Seven neighboring parents per child." The relationship between a child and one of the parents is one of the most pressing problems today, as parents face many problems in raising their children. The learning process will be effective if we try to understand it with the help of children. When raising a child, usually the father is responsible for raising the boys, and the mother is responsible for raising the girls. Of course, the relationship between parents and children, who are the main members of human society, always has a certain order. The fact is that if the father strictly adheres to the duties and responsibilities of the child and fulfills them in a timely manner, he will be able to take on the upbringing of the child and help him obey himself.

LINKS:

1. Mirziyoyev Sh.M. We will be more united and work hard for the fate and future of our country. Speech at the conference "Ensuring social stability, maintaining the purity of our sacred religion - the need for an hour." June 16 release of "People's Word".
2. Karimov I.A. High spirituality is an invincible force. -T.Uzbekistan, 2008 176 pp.
3. Yuldashev M. Psychological environment in the family and its influence on education. -T.2004 p. 99
4. Akromova F.A., Abdullaeva R.M. Views of Eastern Thinkers on the Family. -T, 2002, p. 25
5. Family psychology. Edited by Shumarov. -T, 2009, p.338
6. The book of life: an encyclopedic guide for young families. -T-Sharq, 2011 272 pp.