

Women's Reproductive Health Problems, Future Tasks

SaliyevaBarchinoyDavronbekqizi

Tashkent medical academy Urgench branch
Third year student of the Faculty of Pediatrics
Phone number: +998942879435
e-mail: saliyevabarchinoy@gmail.com

Abstract: *To study the current reforms in the health care system in Uzbekistan, which are based on the foundations of reproductive health and the formation of a healthy family environment, and to look for measures to ensure that women have access to these opportunities.*

Keywords— Reproductive health, women of childbearing age, gene pool, extragenital diseases

Introduction

In our country, the work on strengthening women's health, monitoring their reproductive health, improving the medical culture of families is in full swing.

Because the health of women and children is an important factor in determining the level of socio-economic development of any country. In our country, the protection of motherhood and childhood, strengthening women's reproductive health is one of the priorities of state policy.

The preservation and development of our nation's gene pool largely depends on these reforms. According to First Deputy Minister of Health Bahodir Yusupaliev, in 2019, 4.7 million out of 9.2 million women underwent medical examinations. Of the 1,886 women who underwent medical examinations, extragenital diseases were diagnosed. That's down 4 percent from 2018.

To prevent disability, 90 percent of 356,900 babies were screened for hereditary diseases.

In the first eight months of this year, 99 mothers died. Each of these figures is lower than last year. Despite the positive work done in recent years to reduce infant mortality, our country remains at the bottom of the international rankings.

In particular, Uzbekistan ranks 146th out of 200 countries in the UN Infant Mortality Index.

There are a number of challenges to improving the health of women and children.

Reproductive health is not only the absence of disease and deficiencies in all aspects of the reproductive system and its functioning, but also a state of complete physical, mental and social success.

The female reproductive system is a delicate and complex system in the body. The 12 principles of its protection are:

- Safety of pregnancy;
- Safe births;
- Qualified care during the Chilla period;
- Unwanted pregnancy and its prevention;
- Maintaining a birth interval of 3 years or more;
- Provide information to the public about modern contraceptives;
- Prevention, diagnosis and treatment of sexually transmitted diseases;
- Prevention of infertility;
- Prevention of cancer and precancerous lesions;
- Breastfeeding promotion;
- Protection of motherhood and childhood;
- Adolescent reproductive health and sexuality education;

The main result of the work carried out on the reproductive health of the family at fertile age (15-49 years) is a decrease in maternal and child mortality. In order to ensure the birth of a healthy child in every family, attention should be paid to strengthening the health of women and adolescent girls as expectant mothers.

Particular attention will be paid to measures to prevent early marriages, prevent births in families, consciously control the birth of children in families, involve men in reproductive health, the harmonious demographic development of the family and improve its medical and biological condition. As a result of medical, organizational and advocacy work with the general public and religious organizations, authorities and local authorities of the republic, the number of marriages between young people and their relatives has decreased, the number of births among older women has decreased.

The period between births is prolonged. All of this is reflected in the improvement in the health of women of reproductive age, and in ensuring the reduction of maternal and infant mortality rates across the country and its regions as a whole.

REFERENCES

- [1] “Obstetrics and Gynecology”, EK Aylamazyan,2009
- [2] Textbook "Fundamentals of Valeology" ,DD Sharipova, 2010
- [3] "Gynecology", LV Gutikova.
- [4] Internet site-www.wikipedia.ru