

# Reading Culture Is An Integral Part Of Youth Education

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**Abstract:** *This article is of great importance in the life of the people today, the books are the wealthiest treasure of humanity, the permanence of the nation's cultural heritage, and the reading books as the most important aspects of human life.*

**Keywords:** book, spirituality, reader, intellectual, reading, thinking, youth.

## INTRODUCTION

Today, our country is undergoing great changes in all areas and sectors on the basis of the Action Strategy for the five priority areas of development of the Republic of Uzbekistan for 2017-2021. In this regard, it is necessary to deepen the values and traditions in the life of society, in particular, to raise the spiritual and intellectual potential, consciousness and worldview of our people, especially the younger generation, to cultivate a harmoniously developed person living with love and devotion to the motherland and people. Special attention is paid to enhancing the culture of reading, which is of incomparable importance.

The widespread promotion of reading among young people in order to educate them in the spirit of a harmoniously developed generation is, of course, a positive and significant achievement in the future development of society. In particular, the Decree of the President of the Republic of Uzbekistan Shavkat Mirziyoyev dated January 12, 2017 "On the establishment of a commission for the development of the system of printing and distribution of book products, raising and promoting the culture of reading and reading." It has been announced [1]. Of course, these efforts are not in vain. Everything serves to raise the morale of our youth. "One of our most important tasks is to raise the spiritual world of our youth, to educate them in the spirit of national and universal values," said the first President of the Republic of Uzbekistan Islam Karimov in his speech dedicated to the 17th anniversary of the Constitution of Uzbekistan. in fasting.

## METHODS

"Reading is one of the most important activities in human life. No matter what age we are, we all remember the good ideas written in the first books we read. These books are Uzbek folk tales and Pushkin's poems, which we traveled to the land of legends in our childhood, and later Mir Alisher Navoi's "Khamasa", which introduced us to the treasure of wisdom, and Kadyri's teacher taught us to do good deeds. "The Past Days" novel. The role of books in human life is invaluable. For the knowledge and information we have acquired, we are indebted to a treasure trove of knowledge called the Book. The book has always called us to think, to live honestly, to love the Motherland, to serve the development of society and to preserve our spiritual heritage, to be kind. A book is a source of knowledge. And reading a book is an honorable work that rewards a person throughout his life. In this regard, the family plays an important role in instilling in children a love of reading. A number of our writers and scholars, who have made their name in the world, have classified wonderful ideas about the book.

Many people, unfortunately, do not know how to read a book, and many people do not even understand why they are reading. Some see this as a difficult but the only way to become literate. According to them, any book can make a person "educated". For others, reading is a pastime, a pastime, and what to read to them (articles, novels, poems, news, etc.) is not boring at all. A reader who simply wants to relax, spend time, and be concerned only with being "educated" will feel some unknown power in the book that purifies the tongue and inspires. But this power he cannot clearly imagine or appreciate. Such a reader is like a patient who is completely ignorant of medicine, that is, he begins to taste each box without understanding exactly what medicine he needs. In fact, when it comes to reading, isn't it good for everyone to be able to find only the books they need, which can give them new strength and inspiration?

Of course, we authors like people to read a lot. It is not true that the author pays attention to the fact that readers read too many books. Because ten good readers are better than a thousand indifferent readers. Therefore, I can easily say that it is read too much everywhere, and this is not a reputation for literature, but a detriment. The book is not written to further weaken non-independent people, but is sometimes used to show the disabled a cheap and easy-to-change landscape. Books are only useful when they guide a person to life and serve him. If a book does not give the reader, albeit a small amount of energy, courage, and spiritual purity, every hour spent reading will be in vain.

Simply reading is a form of concentration and reading, a self-deception. For indifferent people, there is no need to hunt for anything at all. On the contrary, they need to be attentive everywhere, no matter where they are, no matter what they are thinking, to feel themselves with their whole being in the midst of events.

Life is short, and at the end of it no one is asked how many books have been read. Isn't it a sign of wisdom to spend time studying when it's useless, and isn't it a waste of money? I do not mean only bad books, but first and foremost "quality reading."

As with every step you take in life, reading is a reward. In order to gain new energy from reading, you must first exert yourself, and in order to understand it better, you must first "lose" yourself.

There is no point in knowing the history of world literature if every book you read does not bring joy and sorrow, courage and spirituality. Reading without thinking means walking blindfolded in the beautiful nature. We should read not to forget ourselves and our lives, but to understand the reins of life more consciously. The book needs to be approached not as a cowardly student looking at a proud teacher, but as an aggressive climber ready to climb the highest peak.

## **RESULTS**

The book is a wing of thinking, said our scholar Oybek. Today we have entered a new era. The world is again striving for science, thinking - intellect. Because only thinking can save mankind. Truly great and glorious books sow the seeds of humanity, honesty, compassion, and faith in our hearts. We are encouraged to make great discoveries and great creations. He will show us the right and wise way in our difficult times as a companion and friend. That's why the term "educated person" sounds so different in our lives. If we put intellectuals and intellectuals in the net of our house out of respect, when an ignorant person makes a mistake, we say, "Yes, now, a poor man who has never seen a book." In order for the world to be a well-educated and well-read country, books must become not just a decoration on the shelves, but a priceless possession of our hearts. Only then can we instill good ideas in everyone and bring them up as perfect human beings. At this point, you can be sure of this by looking at the world rankings on the level of reading in different countries to improve the level of reading. Abroad, solutions to this problem are being taken more seriously than ever before. The quality of various conferences, discussions, meetings with writers, book festivals is increasing. Special reading lessons are included in the high school curriculum. These classes develop students' love of books, comprehension, interpretation, and memory skills. As a result, the number of readers has increased significantly in the United States, New Zealand, South Korea and Finland.

The natural, innate need of our psyche is to identify species, species, patterns, and on the basis of them to differentiate the whole of humanity. From the "Characters" to the notions of our ancestors and ancestors about the four clients (characteristics of human nature) and to the most modern psychology, this need is constantly manifested in a variety of ways. In addition, it is natural for anyone to divide the people around them into groups, often unconsciously, based on their similarities with important characters in their youth. Such divisions, no matter how attractive and pleasing, are based on pure personal experience or some scientific typology, and are unique to any human being of any type, character, and highly contrasting characters and clients, interchangeable. It can sometimes be appropriate and effective to identify a new part of the experience, emphasizing that it can occur in any individual.

So, I want to talk about three types of readers, or in other words, three levels. Of course, this does not mean that the whole world of fireplace readers is completely divided into these three categories. We must not forget that each of us has to belong to these groups at different times in our personal lives.

## **CONCLUSION**

The book and another way to it is religion. In particular, Islam is a religion that has fought against ignorance with enlightenment from the very beginning. The first verse of the Qur'an also resonates with the word "Read." One of the meanings of the word Qur'an is reading. It is obvious that from the beginning of the universe there was a different approach and direction to the book. Today, researchers have also identified the benefits of reading for humans. These are:

- -Reading calms the nerves, helps to get rid of insomnia.
- -Reading softens the heart, improves brain function.
- -Reading helps to fight depression and beautifies a person.
- -Reading helps to understand the purpose of life and overcome difficulties.

It is obvious that the Book is a very useful treasure for our lives. Through it we realize our identity. None of us should be tired of this hardship. As the great American writer Mark Twain put it: "A good friend, a clear conscience, and, of course, good books - nothing else is necessary for an ideal life!" [4]. It is a tool that serves us well.

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