

# Theoretical Fundamentals Of Psychological Qualities Of Middle Grade Students In Music Culture Classes

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**Abstract:** *This article provides methodological recommendations for educating and nurturing adolescents through music culture classes. It also provides information on the changes observed in adolescent students and their attitudes toward them. Also, the focus on music education in our country, the work being done to develop the education system is highlighted.*

**Keywords:** Music culture, adolescence, pedagogy, education, methodology, textbook, questionnaire, questionnaire, psychology.

## Introduction

Man has the opportunity to live fully in a free and independent homeland, to enjoy all the benefits of life. The role and importance of music on the basis of these universal values is important. Music is a reflection of our national culture and serves to raise the morale of students by improving education and upbringing.

The first initiative aims to increase the interest of young people in music, painting, literature, theater and other arts, to reveal their talents.

The second initiative is aimed at creating the necessary conditions for physical training of young people, to demonstrate their abilities in sports.

The third initiative is aimed at promoting the effective use of computer technology and the Internet among the population and youth.

The fourth initiative is aimed at raising the morale of young people, the organization of systematic work to promote reading among them.

The fifth initiative addresses the issue of women's employment.

The art of music is an important factor in the education of art, a process that affects the development of the younger generation. This process is formed from school and enriches the inner world of the younger generation and accompanies it throughout life. Effective teaching of music culture to students, especially middle-aged students, and anticipation and understanding of the physiological and psychological processes that take place in children under the influence of music are many tasks for a music teacher. loads. At the same time, the future music teacher must carefully master all the teaching materials provided in the lessons of music culture.

In the process of musical activities in the lessons of musical culture to develop students' musical abilities, musical reading, group singing, music literacy, attention and creativity in the process of listening to music, to develop students' interest in music. includes basic musical activities such as increasing interest. All course activities require the formation of an integral logical whole with each other. As a result of the logical harmony of musical activity, the developmental, educational and pedagogical tasks of teaching are realized.

Today, the scientific and methodological improvement of music culture lessons, the ability to correctly understand the effects of music on the minds and bodies of students, as well as the scientific study of the physiological and psychological effects of music on the human body. is one of the urgent tasks.

## II. Materials

Age psychology, in turn, is divided into several areas. These are:

1. Child psychology.
2. Psychology of primary school age students.
3. Adolescent psychology.
4. Psychology of early adolescence.
5. Psychology of adults.
6. Gerontopsychology (old age) psychology

The general tasks of youth psychology are:

- 1) study of mental processes, age opportunities for knowledge acquisition;
- 2) study of important factors of personal development;
- 3) study of the general laws and stages of mental development; 4) to study the psychological and individual

characteristics of each age.

No theoretical and practical problems of education can be successfully solved without knowing the basics of youth psychology. Theoretical tasks of youth psychology:

- to study the sources, mechanisms and driving forces of mental development throughout life;

- to study the age characteristics and patterns of mental processes;
- to study the development of the person at different ages. Practical tasks of youth psychology:
- to determine the age norms of mental functions, to activate the creative potential and psychological resources of man;
- organization of self-monitoring services for children's mental health and mental development. helping parents in difficult situations;
- Optimal organization of the educational process in the system of continuing education.

In order to properly organize the educational process on a scientific basis, it is necessary to understand the specific psychological laws of the educational process, ie the process of acquiring knowledge, skills and abilities, active, independent and positive thinking processes you need to know better.

### III. Methods

- Theoretical methods: analysis of psychological-pedagogical, linguistic and educational-methodical literature on the research problem.
- Empirical methods: data collection and integration
- Study, analysis, pedagogical observation, study of best practices, comparison, generalization, question-answer, questionnaire-questionnaire, experimental-test works of scientific, methodical, musicological, pedagogical and psychological literature on the subject. and mathematical statistics.
- to determine the form and methods of applying the improvement of methods of cultivating the psychological qualities of students in music lessons;
- Development of indicators to increase the effectiveness of improving the methods of cultivating the psychological qualities of students in music lessons;
- Development of scientific and methodological recommendations for achieving lesson effectiveness through the organization of music lessons based on the improvement of methods of educating students' psychological qualities.

### IV. Results

It is known that in the lessons of music culture middle school students begin to experience psychological changes. It is not difficult to understand that their musical activity is not only in transition. By developing the education system, studying the psychological changes in them and applying them correctly in the classroom, we will be able to achieve the desired results. The results of scientific research show that music culture has a very positive impact on the education and upbringing of adolescents.

### V. Discussion

The practical significance of this article is that in it the psychological musical activity of future music students is carried out directly in the practical process. This issue will be studied for the first time at the master's level as an independent study, and the relevant conclusions and recommendations will be developed and recommended application.

This scientific article is devoted to the study of the state and pedagogical conditions of improving the psychological qualities of secondary school students in the "Music Culture" of secondary schools, music teachers of general secondary schools, music. It is planned to conduct interviews with pedagogues-psychologists on pedagogy, to study the accumulated experience in the organization of methods of cultivating psychological qualities in students in music lessons.

### VI. Conclusion

In general, we can say that in this article we have tried to scientifically substantiate the study of psychological qualities in middle school students through the lessons of music culture, the improvement of methods of revealing psychological behavior. We will also be able to see the rules that apply to the methods and techniques that are needed to educate adolescents.

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