

# Using Deep Learning to Classify Different types of Vitamin

Azmi H. Alsaqqa, Mohammed A. Alkahlout, Samy S. Abu-Naser

Department of Information Technology, Faculty of  
Engineering and Information Technology,  
Al-Azhar University - Gaza, Palestine

**Abstract:** The vitamins have various biochemical functions. Vitamins have many types such as vitamin A, vitamin B, vitamin C, vitamin D, vitamin E. Each vitamin has unique properties and molecular structure. This will take care of various biochemical functions in the body. In this paper we presented a system that recognize the five types of vitamins based on deep learning using python on CoLab editor, and classifying, using dataset contain 15213 images and we used 9736 samples with 64% of the total samples for training, 3043 samples with 20% of the total samples for validation and 2434 sample with 16% of the total samples for testing, the designed model is proportional, which indicates the effectiveness of this method

**Keywords:** Vitamin Classification, Deep Learning, Classification, Detection, AI, Python, CoLab

## INTRODUCTION

The vitamins are natural and essential nutrients, required in small quantities and play a major role in growth and development, repair and healing wounds, maintaining healthy bones and tissues, for the proper functioning of an immune system, and other biological functions. These essential organic compounds have diverse biochemical functions. And below are list of vitamins name and their functions[1,2]:

Name of the Vitamin	Function of the Vitamin
Vitamin A	<ul style="list-style-type: none"> <li>• Vitamin A helps in the development and maintenance of teeth, skeletal and soft tissues.</li> <li>• It is also important for the maintenance of skin and the mucous membrane</li> <li>• More importantly, the mucous membrane promotes good eyesight, specifically in low light.</li> <li>• Beta-carotene, a form of vitamin A, protects cells from free-radicals. This may reduce the risk of cancer.</li> </ul>
Vitamin B	<ul style="list-style-type: none"> <li>• Promotes cell health</li> <li>• Important for the development of RBCs</li> <li>• Vitamin B is required for healthy brain function</li> <li>• It is also involved in the production of hormones and cholesterol</li> <li>• It is required for proper muscle tone.</li> </ul>
Vitamin C	<ul style="list-style-type: none"> <li>• Important for the growth and repair of body tissues</li> <li>• Helps to heal wounds more effectively</li> <li>• Aids the absorption of iron</li> <li>• Helpful for the maintenance of cartilage, teeth and bones</li> <li>• Vitamin C is also an antioxidant, hence it aids in blocking some damage caused by free radicals</li> </ul>
Vitamin D	<ul style="list-style-type: none"> <li>• Required for mineral homeostasis</li> <li>• Required for the formation of bones</li> <li>• Required to maintain normal blood levels of phosphorus and calcium</li> </ul>
Vitamin E	<ul style="list-style-type: none"> <li>• Functions as a powerful antioxidant.</li> <li>• Protects the cells from the effects of free-radicals</li> <li>• Boosts immune system</li> <li>• Required for full filling various cellular functions</li> </ul>

## DEEP LEARNING

Deep learning is a machine learning technique that teaches computers to do what comes naturally to humans: learn by example. Deep learning is a key technology behind driverless cars, enabling them to recognize a stop sign, or to distinguish a pedestrian from a lamppost. It is the key to voice control in consumer devices like phones, tablets, TVs, and hands-free speakers. Deep learning is getting lots of attention lately and for good reason. It's achieving results that were not possible before [3-18].

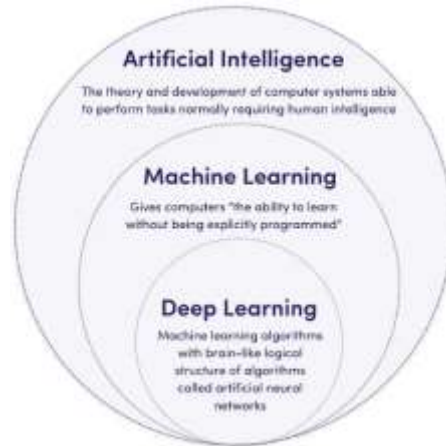


Figure 1 Deep Learning is an especially complex part of Machine Learning.

In deep learning, a computer model learns to perform classification tasks directly from images, text, or sound. Deep learning models can achieve state-of-the-art accuracy, sometimes exceeding human-level performance. Models are trained by using a large set of labeled data and neural network architectures that contain many layers [19-29].

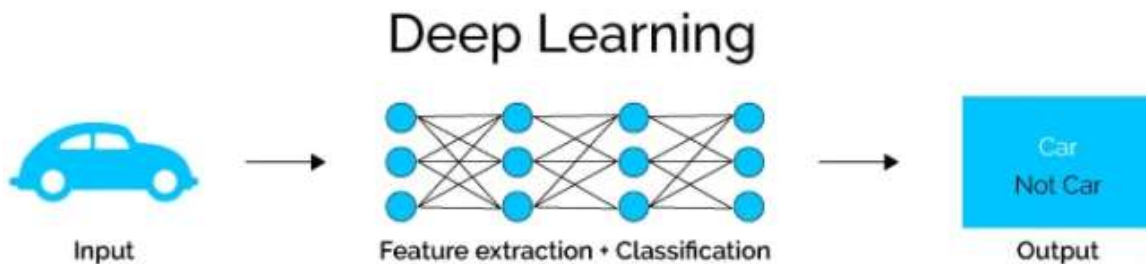


Figure 1 Deep Learning

## CONVOLUTIONAL NEURAL NETWORK

A convolutional neural network is a specific kind of neural network with multiple layers [30-40]. It processes data that has a grid-like arrangement then extracts important features [41-61]. One huge advantage of using CNNs is that you don't need to do a lot of pre-processing on images. With most algorithms that handle image processing, the filters are typically created by an engineer based on heuristics. CNNs can learn what characteristics in the filters are the most important. That saves a lot of time and trial and error work since we don't need as many parameters [62-65].

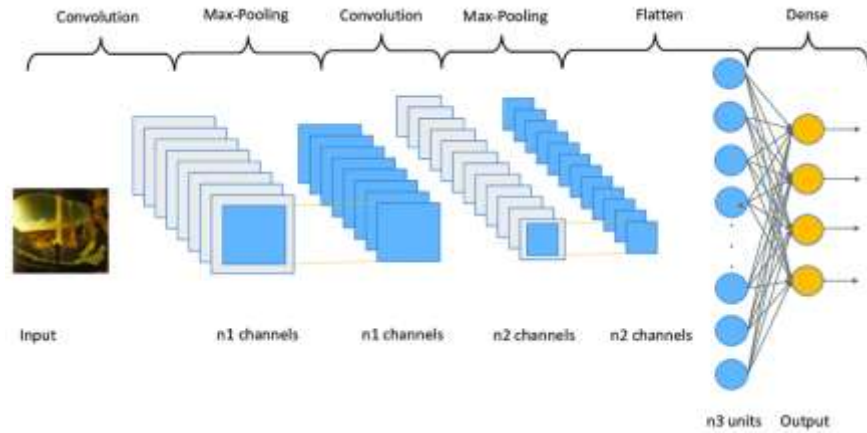


Figure 2 Convolutional Neural Network CNN

### STUDY OBJECTIVES

- 1- Demonstrating the feasibility of using deep convolutional neural networks to classify 5 different types of Vitamins.
- 2- Developing a model that can be used by developer to create different apps to detect 5 different types of Vitamins.

### DATASET

The dataset used, contains a set of 15213 sample images for 5 different class of vitamins we use 9736 sample images for training, 3043 sample images for validation and 2434 sample images for testing belonging to 5 category from different Vitamins

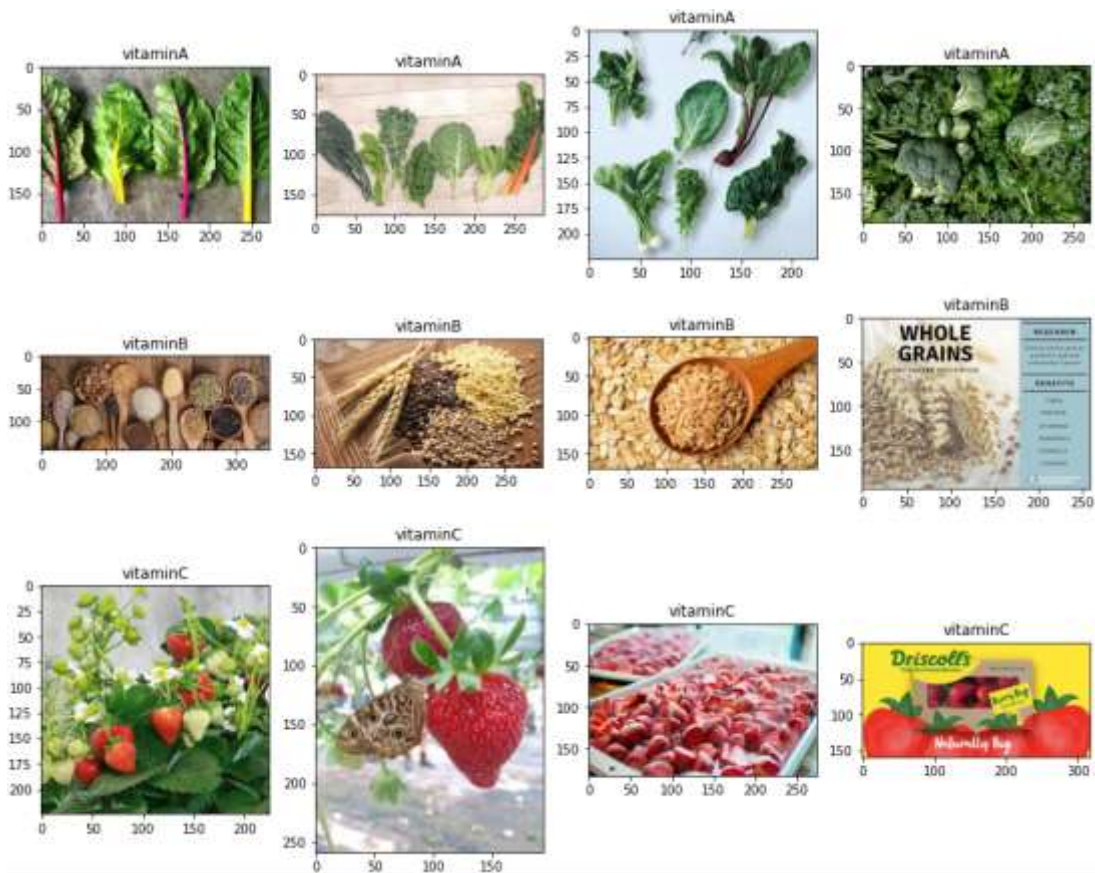


Figure 3 Different samples from Dataset

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The images was resized into 128×128 for faster computations but without losing the quality of the data.

## METHODOLOGY

In this section our proposed solution selected convolutional network (ConvNet) architecture and discuss associated design choices and implementation aspects

## MODEL

Our model takes raw images as an input, so we used a pre trained model VGG16 fine tune CNN Model to extract features, in result the model would consist from (features extraction), which was the same for full-color approach and gray-scale approach the architecture of our model shown in the table 1.

Layer (type)	Output Shape	Param #
input_1 (Input Layer)	(None, 128, 128, 3)	0
block1_conv1 (Conv2D)	(None, 128, 128, 64)	1792
block1_conv2 (Conv2D)	(None, 128, 128, 64)	36928
block1_pool (MaxPooling2D)	(None, 64, 64, 64)	0
block2_conv1 (Conv2D)	(None, 64, 64, 128)	73856
block2_conv2 (Conv2D)	(None, 64, 64, 128)	147584
block2_pool (MaxPooling2D)	(None, 32, 32, 128)	0
block3_conv1 (Conv2D)	(None, 32, 32, 256)	295168
block3_conv2 (Conv2D)	(None, 32, 32, 256)	590080
block3_conv3 (Conv2D)	(None, 32, 32, 256)	590080
block3_pool (MaxPooling2D)	(None, 16, 16, 256)	0
block4_conv1 (Conv2D)	(None, 16, 16, 512)	1180160
block4_conv2 (Conv2D)	(None, 16, 16, 512)	2359808
block4_conv3 (Conv2D)	(None, 16, 16, 512)	2359808
block4_pool (MaxPooling2D)	(None, 8, 8, 512)	0
block5_conv1 (Conv2D)	(None, 8, 8, 512)	2359808
block5_conv2 (Conv2D)	(None, 8, 8, 512)	2359808
block5_conv3 (Conv2D)	(None, 8, 8, 512)	2359808
block5_pool (MaxPooling2D)	(None, 4, 4, 512)	0
global_max_pooling2d_1 (Glob	(None, 512)	0

dense\_1 (Dense) (None, 5) 2565

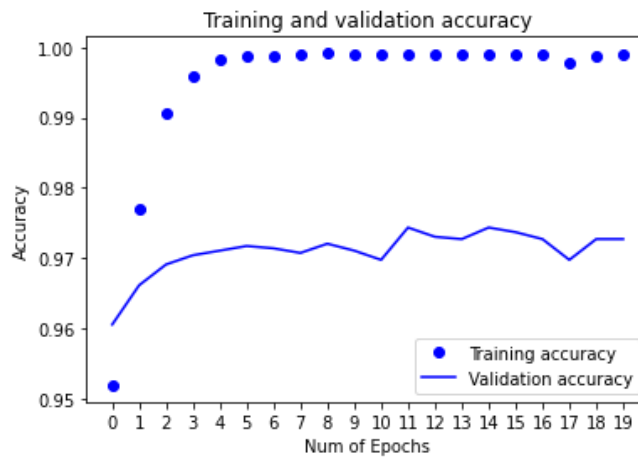
Total params: 14,717,253

Trainable params: 14,717,253

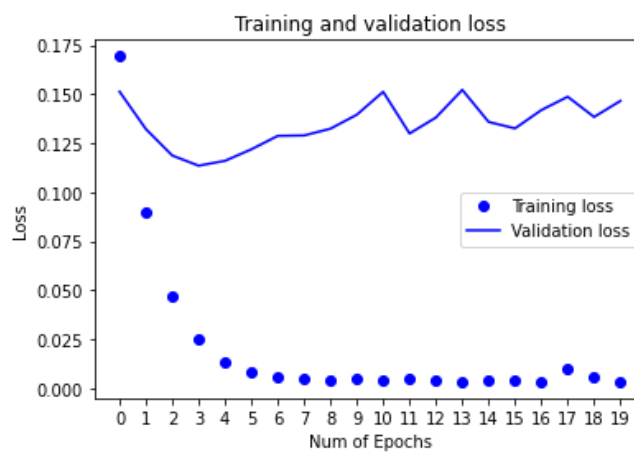
*Table 1: Architecture of model*

**SYSTEM EVALUATION**

We used the original vitamin dataset that consists of 15213 images after resizing the images to 128x128 pixels. We divided the data into training (64%), validation (20%), testing (16%). The training accuracy was 99.93% and the validation accuracy was 97.27% after 20 Epochs. As shown below



**Figure 5:** Training and validation accuracy of the model



**Figure 6:** Training and validation loss of the model

**CONCLUSION**

Our proposed solution helps people to determine the types of vitamins with accreted result reach to 99%. Our system has built a model using deep learning convolutional neural networks depend on VGG16 model and used this model to predict types of images that previously unseen. The accuracy rate was very high and this lead us to indicate that our proposed mode can be effective any classified different types of vitamins with high performance.



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