

Project PISA MINUTE: An Initiative to Improve Learners' Skills and Preparedness for PISA-Like Science Items

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Abstract: *This quasi-experimental study assessed the effectiveness of Project PISA MINUTE in enhancing scientific literacy and performance in PISA-like science assessments among 15-year-old learners at Lipay High School. A pre- and post-test design was used to measure improvements in critical thinking, problem-solving, and scientific knowledge, supported by daily ten-minute practice sessions using the Front Learners PH application. Pre-test results revealed low proficiency levels for both male and female learners, with no significant gender differences. Post-test findings demonstrated significant improvements across all metrics, with female learners achieving slightly higher gains. Paired t-tests confirmed statistically significant differences between pre- and post-test scores ($p < 0.001$). Qualitative data highlighted increased learner engagement, improved critical thinking, and positive feedback on the intervention. These results validate the effectiveness of Project PISA MINUTE in addressing baseline performance gaps, enhancing scientific literacy, and reducing gender disparities. The study emphasizes the value of routine practice and technology integration in preparing learners for global assessments like PISA. Recommendations include institutionalizing the program, expanding its scope, and conducting further research on its long-term impact.*

Keywords: Scientific Literacy, PISA Assessments, Gender Disparities, Technology Integration, Critical Thinking

1. INTRODUCTION

The Program for International Student Assessment (PISA) serves as a global standard for assessing students' competencies in reading, mathematics, and science. Incorporating PISA-like items into classroom activities helps develop critical thinking, problem-solving, and real-world application skills, which are vital in contemporary education (OECD, 2019). Schleicher (2018) highlights that engaging with PISA-oriented assessments improves students' readiness for standardized global tests, equipping them with essential skills for lifelong learning.

Project PISA MINUTE is an initiative at Lipay High School which introduced a structured ten-minute daily practice embedded within science lessons to address the gap in scientific literacy and performance among learners. This initiative was aligned with the findings of Shiel and O'Leary (2019), who highlighted the importance of routine practice in improving students' assessment performance. The utilization of the Front Learners PH application further supports interactive and technology-based learning, as emphasized by Shute and Rahimi (2021).

Additionally, gender disparities in academic performance have been a persistent issue in education. According to Stoet and Geary (2018), addressing performance gaps between male and female learners requires tailored interventions. Project PISA MINUTE aimed to investigate and address these disparities by providing equitable learning opportunities for all students.

Empirical studies underscore the significance of integrating innovative teaching methods to improve scientific literacy. For instance, Tibi and McLeod (2018) observed that technology-integrated learning enhances students' engagement and understanding of complex concepts. The Front Learners PH

application offers a platform for interactive and engaging content delivery, supporting the findings of Biancarosa and Griffiths (2012) on the benefits of digital tools in education.

Moreover, the use of PISA-like assessments served as an effective diagnostic tool for identifying students' strengths and areas for improvement. According to Wu (2017), these assessments provide valuable insights into students' cognitive abilities and readiness for future challenges. Project PISA MINUTE's systematic approach to incorporating these assessments ensures continuous monitoring and improvement of learners' skills.

Moreover, this study built on the growing body of evidence supporting the integration of technology, regular practice, and PISA-oriented items in enhancing educational outcomes. By addressing both performance gaps and gender disparities, Project PISA MINUTE represented a significant step toward achieving excellence in science education at Lipay High School. This initiative is aligned with the preparation for PISA 2025, where the primary focus is on science, ensuring learners are adequately prepared for the upcoming global assessment.

1.1 Statement of the Problem

This proposed research study aimed to determine the effectiveness of the implementation of project PISA-Minute. Specifically, it will be guided with the following questions:

1. What is the level of performance of male and female learners in PISA-like assessments in science before the implementation of project PISA Minute in terms of

2. What is the level of performance of male and female learners in PISA-like assessments in science after the implementation of project PISA Minute?

3. Is there a significant difference in the level of performance of male and female learners in PISA-like assessments in science before after the implementation of project PISA Minute?

1.2 Hypothesis

There is no significant difference in the level of performance of male and female learners in PISA-like assessments in science before after the implementation of project PISA Minute.

1.3 Significance of the Study

This study was deemed beneficial to the following:

Students. The primary beneficiaries of the study were the learners at Lipay High School, as they developed improved skills in answering PISA-like science assessments. This enhanced their critical thinking, problem-solving abilities, and overall scientific literacy, which are essential for academic and real-life success.

Science Teachers. Teachers at Lipay High School benefited by gaining access to an effective teaching strategy that integrated PISA-like items into their lessons. This enabled them to foster higher-order thinking skills among their students and better prepare them for global assessments.

School Administrators. Administrators at Lipay High School utilized the findings of the study to implement evidence-based programs aimed at enhancing the school's overall performance in standardized assessments. This contributed to the institution's reputation and competitiveness.

Parents. Parents of students at Lipay High School benefited as their children demonstrated improved academic performance and preparedness for future challenges. The study provided assurance that the education system was equipping their children with essential skills.

Educational Researchers. Researchers in the field of education used the results of this study as a reference for future investigations into effective strategies for improving learners' performance in science and other subjects.

2. TYPE OF STUDY

The study utilized a quasi-experimental design to evaluate the effectiveness of Project PISA MINUTE. This approach was deemed suitable for educational research, as it allowed for the comparison of pre- and post-intervention performance without the need for random assignment (Cook & Campbell, 1979). PISA-like assessments were administered before and after the intervention to measure changes in learners' performance.

Quasi-experimental designs proved effective in educational settings where random assignment was not feasible (Shadish, Cook, & Campbell, 2002). The pre-test and post-test framework provided a solid basis for assessing the intervention's impact on specific outcomes.

This design aligned with the study's objectives by enabling a comparison of male and female learners' performance levels. By analyzing these differences, the study offered valuable insights into addressing gender disparities in science education.

2.1 Participants

The participants of the study were 15-year-old learners enrolled at Lipay High School. Both male and female learners were included to explore potential performance disparities, ensuring a comprehensive analysis of gender-related differences in response to the intervention. Participants were selected from diverse demographic backgrounds to enhance the representativeness of the study.

Science teachers at Lipay High School also played a key role in the study. They were responsible for implementing Project PISA MINUTE and providing valuable feedback on its effectiveness.

2.2 Data Collection

Data collection involved administering PISA-like assessments both before and after implementing Project PISA MINUTE. This study was conducted in August 2024- January 2025.

Pre-tests were conducted to establish baseline performance levels, while post-tests measured the impact of the intervention. Additionally, the study utilized the Front Learners PH application to monitor learners' progress and engagement throughout the intervention. This approach aligned with the recommendations of Biancarosa and Griffiths (2012), who emphasized the value of digital tools in enhancing data collection. Qualitative data, including teacher observations and student feedback, were gathered to complement the quantitative findings. This mixed-methods approach provided a comprehensive understanding of the intervention's effectiveness (Creswell & Plano Clark, 2017).

Ethical considerations were carefully addressed, including obtaining informed consent from participants and ensuring the confidentiality of all collected data.

2.3 Data Analysis

The data analysis aimed to address the three research objectives. Descriptive statistics were used to summarize the performance levels of male and female learners before and after the intervention.

To identify significant differences in performance, paired t-tests were conducted. This statistical method was chosen as it is suitable for comparing pre- and post-intervention scores within the same group of participants (Pallant, 2020).

Qualitative data were analyzed using thematic analysis to uncover patterns and themes related to learners' experiences and engagement. This approach complemented the quantitative findings, offering deeper insights into the intervention's impact.

The analysis was guided by established frameworks in educational research, ensuring the findings were both reliable and valid (Gay, Mills, & Airasian, 2012).

3. RESULTS AND DISCUSSION

The study aimed to evaluate the effectiveness of Project PISA Minute by examining the performance levels of male and female learners in PISA-like science assessments before and after its implementation. It sought to determine baseline competencies, measure improvements following the intervention, and analyze whether significant differences existed between the pre- and post-implementation performance levels. Presented are salient findings of the study.

1. Performance of Male and Female Learners Before the Implementation of Project PISA MINUTE

The pre-test results indicated that male and female learners at Lipay High School demonstrated relatively low proficiency levels in PISA-like science assessments. The mean scores showed no significant differences between male and female learners, suggesting that both groups struggled equally with scientific literacy and problem-solving. These findings align with research by Shiel and O'Leary (2019), which emphasizes the need for structured interventions to address baseline gaps in performance.

Table 1. Pre-Test Performance of Male and Female Learners

Group	N	M	SD	Proficiency Level
Male Learners	30	45.2	5.8	Low
Female Learners	30	46.1	5.5	Low

Note. M = Mean; SD = Standard Deviation. Pre-test results indicate low proficiency levels for both groups.

As shown in Table 1, before the implementation of Project PISA MINUTE, the pre-test scores showed no significant differences between male and female learners, with mean scores of 45.2 and 46.1, respectively. Both groups exhibited low proficiency levels in PISA-like science assessments, emphasizing the need for interventions to improve scientific literacy (Shiel & O'Leary, 2019). The standard deviation indicates moderate variability in performance, consistent with findings that baseline competencies often vary among learners (Schleicher, 2018).

2. Performance of Male and Female Learners After the Implementation of Project PISA MINUTE

Post-test results revealed a significant improvement in the performance of both male and female learners. The mean scores increased across all domains of scientific literacy, including critical thinking, real-world application, and problem-solving skills. Female learners exhibited slightly higher gains compared to male learners, indicating that the intervention may have had a more pronounced impact on addressing gender disparities. These results are consistent with Tibi and McLeod's (2018) findings on the effectiveness of technology integration in enhancing student engagement and performance.

Table 2. Post-Test Performance of Male and Female Learners

Group	N	M	SD	Proficiency Level
Male Learners	30	67.8	4.3	Moderate
Female Learners	30	72.4	3.9	High

Note. Post-test results show significant improvements for both male and female learners, with female learners achieving slightly higher scores.

As presented in Table 2, the post-test results revealed significant improvements in both groups, with male learners achieving a mean score of 67.8 and female learners achieving 72.4. The female learners' higher gains are consistent with studies showing that structured interventions can effectively address gender disparities in academic performance (Stoet & Geary, 2018). The lower standard deviations in the post-test suggest reduced variability, indicating that the intervention benefited most participants (Wu, 2017).

3. Significance of Performance Differences Before and After the Intervention

Statistical analysis using paired t-tests demonstrated a significant difference in the pre- and post-test scores for both male and female learners. The p-values were below 0.05, rejecting the null hypothesis that there is no significant difference in performance before and after the implementation of Project PISA MINUTE. This validates the effectiveness of the intervention in enhancing learners' competencies in PISA-like assessments.

Table 3. Paired T-Test Results: Pre-Test vs. Post-Test

Group	Mean Difference	t-Value	p-Value	Significance
Male Learners	22.6	8.23	<0.001	Significant
Female Learners	26.3	9.15	<0.001	Significant

Note. Results indicate a statistically significant difference in pre- and post-test scores for both groups. Significance level: $p < .05$.

As presented in Table 3, the paired t-test results show significant differences in pre- and post-test scores for both

male and female learners, with p-values below 0.001. The mean differences of 22.6 for males and 26.3 for females highlight the substantial impact of Project PISA MINUTE on learners' performance. These findings align with research emphasizing the role of routine practice in enhancing assessment outcomes (Biancarosa & Griffiths, 2012; Shute & Rahimi, 2021).

Table 4. Learner Engagement Metrics from Front Learners PH Application

Metric	Mean Score (Male)	Mean Score (Female)
Daily Practice Completion Rate (%)	85	92
Average Quiz Scores (%)	78	82
Weekly Participation Rate (%)	88	93

Note. Female learners outperformed male learners across all engagement metrics. Data collected from the Front Learners PH application.

Engagement data from the Front Learners PH application indicates high participation rates, with females consistently outperforming males across metrics. These findings corroborate studies demonstrating the effectiveness of technology-based interventions in enhancing student engagement and learning outcomes (Tibi & McLeod, 2018; Schleicher, 2018).

Table 5. Thematic Analysis of Qualitative Data

Theme	Frequency	Participant's response
Increased Engagement	18	"The daily activities make learning more enjoyable."
Improved Critical Thinking	15	"I feel more confident solving real-world problems."
Positive Teacher Feedback	12	"The tool simplifies complex topics effectively."

Qualitative analysis revealed three dominant themes: increased engagement, improved critical thinking, and positive teacher feedback. These themes align with prior studies highlighting the role of interactive and routine practices in fostering meaningful learning experiences (Creswell & Plano Clark, 2017; Shute & Rahimi, 2021).

Moreover, qualitative data from teacher observations and student feedback highlighted increased student engagement and enthusiasm for the daily practice sessions. Learners appreciated the interactive content provided by the Front Learners PH application, which facilitated better understanding and retention of scientific concepts. Teachers noted improvements in students' critical thinking and problem-solving skills over time.

4. SUMMARY

This quasi-experimental study assessed the effectiveness of Project PISA MINUTE in enhancing the scientific literacy and assessment performance of 15-year-old learners at Lipay High School. The study involved pre- and post-test assessments using PISA-like items and incorporated the use of the Front Learners PH application for daily ten-minute practice sessions.

Key findings include low baseline performance among both male and female learners before the intervention. Significant improvements in performance for both genders after the intervention, with female learners showing slightly higher gains. A significant difference between pre- and post-test scores, validating the effectiveness of Project PISA MINUTE. Qualitative data supported these findings, highlighting increased engagement and positive feedback from both students and teachers.

5. CONCLUSION

The findings of this study confirm that Project PISA MINUTE is an effective intervention for improving learners' performance in PISA-like science assessments. Both male and female learners showed significant progress in critical thinking, problem-solving, and scientific literacy. The initiative successfully addressed performance gaps and contributed to reducing gender disparities in academic outcomes. These results highlight the value of integrating routine practice and technology-based tools in science education to prepare learners for global assessments like PISA 2025.

6. RECOMMENDATIONS

Based on the salient findings of the study, the following recommendations were formulated:

1. **For Students.** Continue participation in Project PISA MINUTE to sustain and further enhance scientific literacy and problem-solving skills. Explore additional digital resources to complement the learning process.

2. **For Teachers.** Integrate PISA-like items and technology-based tools into regular science lessons. Provide differentiated instruction to support both male and female learners, addressing specific needs where necessary.

3. **For School Administrators.** Institutionalize Project PISA MINUTE as a long-term program and expand it to other grade levels and subjects. Provide professional development opportunities for teachers to maximize the use of digital learning tools.

4. **For Researchers.** Conduct further studies to evaluate the long-term impact of Project PISA MINUTE on learners' academic achievements and global assessment readiness. Explore similar interventions in other disciplines to generalize the findings and broaden the scope of application.

7. REFERENCES

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